Spearheaded by:

In Celebration of:



Contents

General Information 3

What is MCS 140? 3

How is Methodist Welfare Services (MWS) involved in MCS 140? 3

What is the meaning behind "The Healing Nation"? 3

What are the objectives of The Healing Nation? 3

How can I be involved in The Healing Nation? 4

Healing Time – Pledge 35 Hours Each to Raise 1.4m Hours Together 5

Do I have to pledge 35 hours? 5

How do I pledge? 5

Do I have to serve/actualize my pledged hours in 2025? 5

What are the volunteer opportunities available? 5

Can I volunteer as a group? 5

Do I need to create a separate group account if I already have an individual account? 5

Do I need to have specific skills or experience to volunteer? 5

How do I sign up for volunteer opportunities? 6

I've signed up for a volunteer opportunity and completed it. How will my hours be recorded? 6

Can I volunteer with other organisations that are not listed in THN digital platform and still contribute to the 1.4 million hours? 6

I am already volunteering for my church's existing Outreach and Social Concerns (OSC) ministries. May I include that as part of the 1.4 million hours? 7

How do I withdraw from a volunteer opportunity if I am unable to attend? 7

Will I receive an official acknowledgement for volunteering? 7

The organisation that I signed up for just rejected my request. Why did this happen? 7

Healing Soul – Raise $1.4m For Up To 1000 Families to Empower Their Healing Journey 8

What are the donation tiers? 8

Can I choose the beneficiaries? 8

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IPC Registration No.: IPC000360 • Charity Registration No: 00166 • UEN: S81SS0088H

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Will I receive tax deduction for my donation? 8
Can I donate anonymously? 8
Can my charity apply for the funding? 8
The Healing Nation Celebratory Concert 9
When is it happening and what can I expect? 9
How can I attend The Healing Nation Concert? 9
Can I buy tickets? 9
Is The Healing Nation Celebratory Concert a Christian concert? 9
I have donated. How do I redeem the concert tickets that I am entitled to? 9
Can I choose my seats for the concert? 9

For enquiries and more information, please email ***mcs140thn@mws.sg*** or visit **www.thehealingnation.sg**

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General Information

What is MCS 140?

2025 marks the 140th anniversary of the founding of The Methodist Church in Singapore (MCS), also known as MCS 140. This milestone also coincides with SG60, celebrating 60 years of Singapore's independence.

How is Methodist Welfare Services (MWS) involved in MCS 140?

As the social concerns arm of MCS, Methodist Welfare Services (MWS) is leading the social outreach project for MCS 140. MWS also spearheaded similar initiatives during previous MCS anniversaries in 2010, 2015, and 2020. Our mandate is to engage and unite Methodists—working in partnership with Methodist churches—in acts of service and love for the less advantaged, demonstrating the social impact of the Methodist community.

What is the meaning behind "The Healing Nation"?

The theme of healing which brings about peace and security is found in Jeremiah 33:6: *"I will heal my people and let them enjoy abundant peace and security." (NIV)*

The Methodist churches and social/community services share a common purpose, which is in the healing of relationships, heart, mind, soul and body:

- Methodist good works bring about healing in many forms - spiritual well-being, physical health, mental health, relationships and finances.
- People who experience healing will find peace and security as God has promised in Jeremiah 33:6.

What are the objectives of The Healing Nation?

- Provide a platform for Methodists to come together and invite friends and family for engagement with the church and organisations of good works.
- Galvanise Methodists to pledge 35 volunteer hours each (or a total of 1.4m hours) to serve the disadvantaged
- Raise $1.4m for healing works amongst:
    - Families experiencing Distress, through restoring of familial/ marital/ parenting relationships, alleviating debt burdens and addressing mental health issues
    - those who are Chronically Sick and Homeless, by restoring dignity, improving quality of life and enhancing health outcomes
    - Youth and Children, including children with special needs, by addressing the impact of trauma, instilling hope and uplifting self-worth.
- There are 2 major initiatives in The Healing Nation:

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- Healing Time - Pledge 1.4m volunteer hours with like-minded individuals or as a Methodist family
- Healing Soul - Raise $1.4m through The Healing Nation Concert to bless up to 1,000 families and individuals

How can I be involved in The Healing Nation?

You can participate by:

1. Pledging 35 hours to serve the community which will go towards our goal of raising 1.4m Healing Hours
2. Donating to bless families in need. Each donation of $1,400 will bless one family/individual in the journey of healing
3. Setting up a fundraising campaign and rallying family, friends and church members to support the campaign
4. Attending The Healing Nation Celebratory Concert

You can pledge and/or donate at www.thehealingnation.sg. For enquiries, you may email mcs140thn@mws.sg.

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Healing Time – Pledge 35 Hours Each to Raise 1.4m Hours Together

Do I have to pledge 35 hours?

We hope that everyone can pledge 35 hours each to serve the community together.

How do I pledge?

Visit www.thehealingnation.sg to create an account. This gives you access to your profile page, where you can state your volunteering preferences, update your availability, sign up for opportunities, and track your volunteer hours.

Do I have to serve/actualize my pledged hours in 2025?

You can complete your pledged hours from 2025 till February 2027.

What are the volunteer opportunities available?

Our AI-powered platform connects you with personalised volunteer opportunities tailored to your interests, skills, and schedule. Based on your profile details, you'll be matched with volunteer opportunities posted by charity partners and Methodist churches.

In addition, our volunteer opportunities across race and religion serves to demonstrate our solidarity and mutual respect with other faith-based charities in supporting people in our community to further God's work through acts of services and love.

Can I volunteer as a group?

Yes, you can volunteer with your friends, family, or church members. Simply create an account with a group name and log in to select volunteer opportunities—just like an individual account.

Do I need to create a separate group account if I already have an individual account?

Yes, do sign up as a group with your group name and pledge the accumulative hours that your group intends to serve. For example, if there are 10 members in the group and every member in the group wishes to serve 3 hours, the total pledged hours will be 10 x 3hrs = 30hrs.

Do I need to have specific skills or experience to volunteer?

Experience and skills while useful are not necessary. Many opportunities are open to anyone with just the heart to serve. For roles that require specific skills or experience, they will be indicated.

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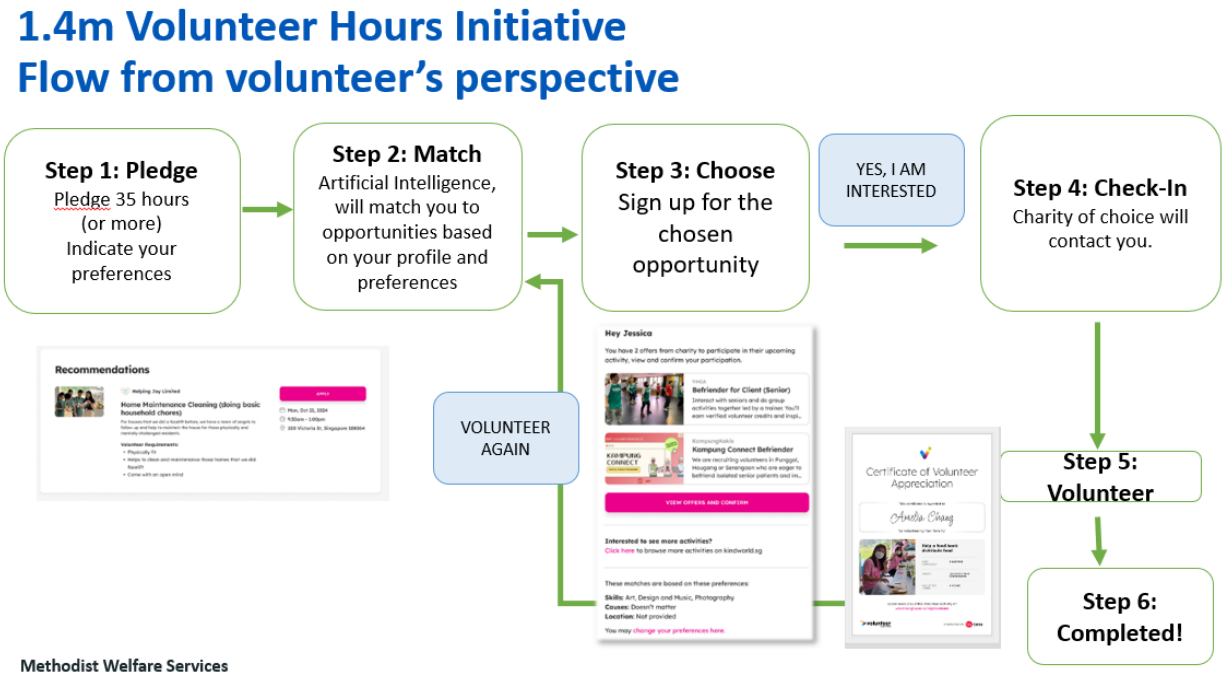
In Celebration of: 140 YEARS OF METHODISM IN SINGAPORE | SG60

THE HEALING NATION

How do I sign up for volunteer opportunities?

On creating your account, you will receive suggested volunteer opportunities matched to your preferences by Artificial Intelligence. New opportunities may be sent to your email weekly. It is crucial to complete your Profile so that the platform is able to better match you with volunteer opportunities that align with your interests and availability.

This is a chart showing the pledging and matching process:



I've signed up for a volunteer opportunity and completed it. How will my hours be recorded?

A QR code will be generated for you to scan and record your hours. Alternatively, you may log in the completed hours through your account by posting a review of your experience about the completed volunteer opportunity.

Can I volunteer with other organisations that are not listed in THN digital platform and still contribute to the 1.4 million hours?

We encourage individuals to sign up for the volunteer opportunities listed on THN. If you have volunteered with other organisations that are not listed, kindly email mcs140thn@mws.sg for us to include your volunteer hours to contribute to the 1.4 million hours.

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I am already volunteering for my church's existing Outreach and Social Concerns (OSC) ministries. May I include that as part of the 1.4 million hours?

MWS will be in touch with the nominated point of contact from Methodist churches who can provide hours served by members in their various OSC ministries.

How do I withdraw from a volunteer opportunity if I am unable to attend?

Please email mcs140thn@mws.sg to update us of your attendance.

Will I receive an official acknowledgement for volunteering?

Upon completion of each volunteer opportunity, you can post a review of the volunteer opportunity to share about your experience. You will receive an e-certificate after the review is posted.

The organisation that I signed up for just rejected my request. Why did this happen?

The organisation may reject your request to volunteer for the opportunity for the following possible reasons:

- They need specific skills or experience that you do not have
- They have filled all the volunteer slots
- There is a mismatch in timing

Please explore other volunteer opportunities available. You may update your profile to receive the best matches.

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In Celebration of:

Healing Soul – Raise $1.4m For Up To 1000 Families to Empower Their Healing Journey

How will the donations be used?

Funds raised will be disbursed to beneficiaries through THN's participating charity and Methodist church partners. Each beneficiary can receive $1,400. We hope to support up to 1000 families/individuals in need of healing including:

- Families experiencing Distress, through restoring of familial/ marital/ parenting relationships, alleviating debt burdens and addressing mental health issues
- Those who are Chronically Sick and Homeless, by restoring dignity, improving quality of life and enhancing health outcomes
- Youth and Children, including children with special needs, by addressing the impact of trauma, instilling hope and uplifting self-worth

What are the donation tiers?

For donation tiers, please click **here**.

Can I choose the beneficiaries?

All donations raised will be channelled to participating charity partners and Methodist churches serving diverse causes and ministries.

Will I receive tax deduction for my donation?

Donations made through The Healing Nation are eligible for tax deduction under prevailing IRAS regulations as they will be collected by Methodist Welfare Services (MWS) which is an IPC (Institution of Public Character). Currently, the tax deduction rate is 2.5x of the donation amount.

Can I donate anonymously?

Yes, you may donate anonymously. However, you will not be entitled to The Healing Nation Concert tickets or tax deduction.

Can my charity apply for the funding?

Please email mcs140thn@mws.sg to find out more.

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The Healing Nation Celebratory Concert

When is it happening and what can I expect?

Date: 1 November 2025, Saturday
Time: 7.30pm
Venue: The Star Theatre, The Star Performing Arts Centre, 1 Vista Exchange Green, #04-01, Singapore 138617

The concert will feature performances by MWS beneficiaries, external artistes, churches and/or schools in a celebration of God's love for the community. The programme will be shared closer to the concert date.

How can I attend The Healing Nation Concert?

You are eligible to redeem tickets for The Healing Nation Celebratory Concert by making a minimum donation of $40.

Can I buy tickets?

Tickets will not be for sale. With a minimum donation of $40, you can redeem 1 ticket (Zone F). A donation of $1,400 (to bless 1 family/individual in need) entitles you to 9 tickets (Zone F). Please click **here** for full donation packages.

Is The Healing Nation Celebratory Concert a Christian concert?

As The Healing Nation Celebratory Concert seeks to celebrate 140th Anniversary of The Methodist Church in Singapore, there may be Christian elements featured.

I have donated. How do I redeem the concert tickets that I am entitled to?

Upon successful donation, a thank-you email will be sent to you. This email contains a link to fill in your details and redeem the tickets. You may redeem up to the full number of tickets that you are entitled to. If you do not wish to redeem all the entitled tickets, simply indicate the number of tickets that you need.

Can I choose my seats for the concert?

Seats are assigned based on your donation amount. You may click **here** to view the seating plan with zones.

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